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Strengthening the human – animal connection

Behavior History for Possible Separation Anxiety

Does your dog destroy or chew inappropriate objects (carpet, wall, door, fence, furniture, etc) mainly when separated from the primary attachment figure (any or all members of the family)? [] No [] Yes If yes, list objects and indicate if any objects are at exit points of the house or yard:

What was the cost of the damage?_

Has your dog ever injured himself in the process of chewing or destroying objects? [] No [] Yes If yes, explain:

Have you kept the dog in a crate or kennel when gone? [] No [] Yes

If so, has he/she damaged it? [] No [] Yes

Does the dog urinate or defecate in inappropriate locations (i.e. in the house or in its crate) when separated from a primary attachment figure? [] No [] Yes Describe:

Does the dog bark or whine excessively when separated from a primary attachment figure? [] No [] Yes

If yes: How long after you leave does he vocalize? How long does it last? What does it sound like? Does he stop? []No []Yes What makes him stop? Do the neighbors complain? []No []Yes

The next questions have to do with your dog's behavior when you are home:

Does she follow certain family members around the home? [] No [] Yes If yes, list who:

Does she need to be in the same room as her favorite person/persons? Or can she be in a separate room with the door open or closed?

When she is in a room with someone does she want to be right next to people? Or in physical contact with people at all times? Explain:

Is she able to lie down several feet away? [] no [] Yes



What does she do if separated in another room?

What does she do if she is in a kennel or crate (with you in or out of the room)?

What do you do when she barks or whines while separated from you in the house?

The next questions focus on the dog's behavior just before you leave:

Which family members' departure causes a stress response in the dog?

Does the dog become distressed when family members look like they are going to leave the house? (*signs* of *distress/anxiety are panting, pacing, whining, clinging to owner, eyes dilated, drooling, etc)* [] No [] Yes

If yes, what signs does he show?

How long before you leave the house does he start showing signs of anxiety?

Name all departure cues that trigger this anxiety (i.e. picking up keys; picking up or putting on coat; putting on a certain pair of shoes; etc):

What do you do when he exhibits signs of anxiety? And what is his response to what you do?

Where do you put him when you leave?

What does he do immediately after you leave (i.e. if you were to peer back into the house when he thinks you're gone)?

Do you have other pets that stay home with him? [] No [] Yes If yes, how do they act when you leave?

Additional Questions:

How does she act when you get home? Describe:

How do you greet her when you return home? (i.e. do you praise her; pet her; play with her; or is it a tempered greeting?)

On walks (if off-leash):

Does she stick right next to you or wander away? How far? Does she frequently look back to see where you are? If you call her will she come immediately the first time?

How often is she leash walked? For how long at each walk?

How long is the dog left alone on an average day?

At what time of the day is your dog left alone?

Does the behavior differ depending on length of time you are gone or the time of day?

Have you ever left the dog alone in the car? [] No [] Yes If yes, how does he react?

Has your dog ever been left at a kennel, vet office or with a friend/relative? [] No [] Yes

If yes, describe your dog's reaction:

